

HEARING VOICES NETWORK AOTEAROA NZ ARE PLEASED TO PRESENT THE FOLLOWING WORKSHOP IN 2015

HEARING VOICES
NETWORK Aotearoa NZ
Te Reo Orooro

RE-MAPPING THE MIND & SACRED DRAMA

WITH ASSOCIATE PROFESSOR OF
PSYCHOLOGY & AUTHOR
LEWIS MEHL-MADRONA M.D PHD
& BARBARA MAINGUY M.A

VENUES & DATES

8.45AM TO 4.00PM

WEST AUCKLAND:

Monday 9th March 2015

At: Te Piringatahi o te
Maungaarongo Marae,
West Harbour

WHANGAREI:

Friday 13th March 2015

At: Te Puna o Te Matau-
ranga Marae, Northtec

**This workshop is for
people who experience
voices and visions,
whanau, support and
mental health
professionals**

COST:

**Voice hearers and
whanau: \$10**

Students \$50

**Professionals: \$100 or
if accompanied by a
voice hearer :\$80 for
both**

**GROUP DISCOUNTS
AVAILABLE**

**FOR BOOKINGS
CONTACT:**

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0272650266**

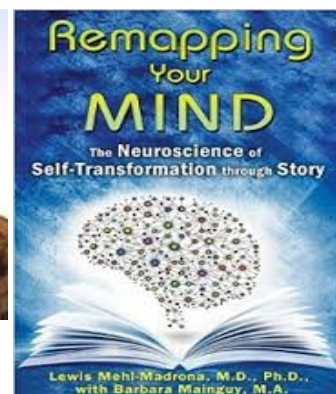
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Current neuroscience helps us understand that stories are the units of meaning-making that help us make sense of our world. Good stories help us manage our lives and negotiate that sometimes complicated place where 'we' meet 'world'. Stories live in us! Who are the storytellers? In this workshop we go on a gentle journey to discover our inner (and outer) storytellers. We begin with a talking circle to get to know them, and to discover who might be influencing our stories about the world.

In this workshop we show:

- How we work with people to make a visual map/diagram of the storytellers, who spend time within their minds.
- Using these maps we learn how to introduce new positive voices to join the group that can interface in a more frictionless manner with the external world and with each other.
- Using respectful, sacred drama we embody some of our storytellers, to learn how to negotiate with them, to form coalitions of healthier voices, to oppose the views of more negative voices. Neuroscience available on request.

Lewis and Barbara's work centres around psychosis and its treatment within community and with non-pharmacological means, narrative approaches, and further developing healing paradigms within a narrative/indigenous framework. www.mehl-madrona.com. Lewis teaches psychiatry and family medicine and is an integrative medicine practitioner. See our website below for more details.



www.hearingvoices.org.nz